



WASHINGTON COUNTY
BEHAVIORAL HEALTH BOARD

prevention
education
treatment
recovery

Mental Health and Addiction Resource Guide January 2024



Local Mental Health Crisis Hotline (740)373-8240
8am to 4pm, Mon. – Fri.

All other hours call:

National Suicide Prevention & Mental Health Crisis Hotline: 9-8-8
24-hour Information, Crisis, and Referral Line call 2-1-1 or TEXT:
Your Zip Code To: 898211

Crisis Text Line - Text 4HOPE to 741741 or call (614) 224-1111

Treatment works. **People do recover.**



If you or someone you know needs help, use this resource guide to access therapeutic services.

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*This Resource Guide is updated yearly. Check the WCBHB website for more frequent updates at wcbhb.org or “like” the Recovery Is Beautiful Facebook page.

The Mental Health Resource Guide began as a project of Washington County Family & Children First Council’s “Access to Mental Health Initiative.” A stakeholder’s group convened and determined that information about existing mental health resources would be valuable. A Core Team developed the following mission and vision statements:

MISSION STATEMENT

The mission of the “Access to Mental Health Initiative” is to improve access to available mental health services for Washington County residents.

VISION STATEMENT

All residents of Washington County, seeking or in need of mental health and addiction services, shall have available complete and accurate resource information to better access services.

The Mental Health and Addiction Resource Guide, which will be updated annually, may be reproduced and can be found on the Washington County Behavioral Health website at wcbhb.org

For questions or to provide additional or corrected information for this guide, please contact the Behavioral Health Board office at 740-374-6990



Data provided is for informational purposes only and does not imply endorsement, fitness for use, legal sanction, or license, nor in any way seek to portray anything other than information upon which individuals may freely choose to engage the provider or its intermediaries in seeking desired services. Users of the information should understand that a provider being listed does not guarantee service availability or service delivery to the user and in no way constitutes a legal referral.

The following are some signs and symptoms of mental illness:

- Feeling sad, down, hopeless, and helpless
- Problems with speech, logical thinking, concentration, or memory not explained by any physical conditions
- Feeling disconnected from people and events
- Detachment from reality (delusions), paranoia, or hallucinations
- Significant tiredness and low energy OR excessive energy and hyperactivity
- Feeling unable to cope with problems and stress
- Paranoia, fear or suspiciousness of other people; anxiety
- Trouble understanding and relating to situations and people
- Alcohol or drug use
- Major changes in eating habits, personal hygiene, and/or sleeping habits
- Unusual or peculiar behavior
- Excessive anger, hostility, or, violence
- Thinking about suicide
- Unexplained physical discomforts, such as stomach ache, back pain, or, headache

The following are some signs and symptoms of addiction:




- Feeling that you have to use a drug/substance regularly
- Having intense urges for the drug/or action that block out any other thoughts
- Over time, needing more of the drug/substance to get the same effect
- Being secretive about the use/act
- Not meeting obligations, work, and/or personal responsibilities

Having one or two of these symptoms does not necessarily mean a person has a mental disorder or struggles with addiction. *However*, if someone is experiencing several of these symptoms, and they are interfering with the individual's ability to perform everyday tasks or take care of normal responsibilities, seeking behavioral health services can make a difference in that person's quality of life.

Mental Health & Addiction Service Providers

(*) Washington County Behavioral Health Board contract agency that offers income-based services




A

<p>Alicia Abramski, LPCC Riverside Counseling 200 Putnam Street Marietta, OH 45750  330.718.8973</p>	<p>Serve: 18-Adult Payment: Optum, Impact Solutions riversidecounseling.com</p>
<p>Angel's Harbor 4945 OH-339 Vincent, OH 45784  740.447.2940 347 Orchard Drive Little Hocking, OH 45742  740.447.2940</p>	<p>Serve: Adult Payment: OH Medicaid www.angels-harbor.com</p>

B

<p>BrightView 324 Pike Street Marietta, OH 45750  866.934.7450</p>	<p>Serve: 18-Adult Payment: Medicaid, Medicare, and Assistance in finding financial aid for services. brightviewhealth.com</p>
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C

<p>Christian Counseling Ministry 229 5th Street Beverly, OH 45751  740.984.4018</p>	<p>Serve: Children-Adults, Families Payment: Assistance in finding financial aid for services. Donations Accepted</p>
<p>Counseling & Wellness Center 225 Main Street Belpre, OH 45714  740.401.3088</p>	<p>Serve: Children-Adults, Families Payment: Insurance, Self-pay counselingandwellnesscenter.com</p>
<p>Counseling House of MOV 911 Emerson Avenue Parkersburg, WV 26104  304.865.5444</p>	<p>Serve: 5-Adults, Families Payment: Insurance, Self-pay thecounselinghouseofmov.com</p>



Mental Health & Addiction Service Providers

(*) Washington County Behavioral Health Board contract agency that offers income-based services


C continued

<p>Chris Clatterback, Ph.D., Psychological Services, Inc. 1714 Washington Blvd. Suite B Belpre, OH 45714  740.780.4010</p>	<p>Serve: Children-Adults Payment: Medicaid, Self-pay, Insurance</p>
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D

<p>David Schaffer, msw Safe Harbor Mental Health 4138 Williams Highway Williamstown, WV 26187  304.865.0272</p>	<p>Serve: 16-Adults, Families Payment: Insurance, Self-pay</p> <p>davidschaffer.com</p>
<p>Douglas Pfeifer, MA, LPC, ALPS Safe Harbor Mental Health 100 Wood Duck Lane Williamstown, WV 26187  304.375.8800</p>	<p>Serve: Children and Adolescents Payment: Commercial Insurance</p> <p>a2rcounseling@gmail.com</p>


E

<p>Eric Limegrover & Associates 609 Putnam St. P.O. Box 126 Marietta, OH 45750  740.706.0498</p>	<p>Serve: 10-Adults, Families Payment: Insurance, Self-pay</p>
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F

<p>Family Counseling & Rehabilitation Center of Ohio 643A State Route 821 Marietta, OH 45750  740.371.4617</p>	<p>Serve: Children-Adults, Families Payment: Insurance, OH Medicaid, Self-pay</p> <p>fcrcofohio.com</p>
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G

<p>Gail Rymer & Associates 1085 Joe Skinner Road Belpre, OH 45714  740.423.4743</p>	<p>Serve: Children-Adults, Families, Geriatrics Payment: Insurance, OH Medicaid, Medicare, Self-pay</p>
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Mental Health & Addiction Service Providers

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H

<p>*Hopewell Health Centers 2343 Richmilller Lane, Suite F Belpre, OH 45714  740.423.8095 207 Colegate Drive Marietta, OH 45750  740.376.0930</p>	<p>Serve: 3-Adult Medication-Assisted Treatment Payment: Insurance, OH Medicaid, Self-pay hopewellhealth.org</p>
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I

<p>*Integrated Services 209 Lancaster Street Marietta, OH 45750  1.800.321.8293</p>	<p>Serve: Families, Individuals, offer in-home services Payment: OH Medicaid integratedservice.org</p>
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M

<p>Marietta V.A Medical Center 27843 St. Rt. 7 Marietta, OH 45750  740.568.0412</p>	<p>Serve: Adults Payment: Insurance, Self-pay chillicothe.va.gov</p>
<p>Mindfulness Holistic Wellness & Healing 712 6th Street St Marys, WV 26170  304.699.1419</p>	<p>Serve: Children, Adults, Families Payment: Insurance, Self-pay, and Assistance in finding financial aid for services. movmindfulness.com</p>
<p>*MedMark Treatment Center 470 Pike Street Marietta, OH 45750  740.236.4452</p>	<p>Serve: Adults, Medication Assisted Treatment Payment: Self-pay, Medicaid</p>

R

<p>*Rigel Recovery Services 27750 St. Rt. 7 Marietta, OH 45750  740.371.5160</p>	<p>Serve: Adolescents, Adults Medication Assisted Treatment, Detox, Residential Treatment Payment: Medicaid rigelrecovery.org</p>
<p>Reasonings & Reflections Counseling Suzy Zumwalde, LPCC 108 S. 2nd Street Marietta, OH 45750  740-880-8466</p>	<p>Service: Youth, Adolescents, and Adults reasoningsandreflectionscounseling.com</p>





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S

<p>Safe Harbor Mental Health 100 Wood Duck Lane Williamstown, WV 26187  304.375.8800</p>	<p>Serve: Children-Adults, Families, Disabilities, Autism, Grieving, Suicide Prevention Payment: Insurance, Self-pay, Some Medicaid patrickwardphd.com</p>
<p>Southeastern Ohio Counseling Center 218 North 7th Street Marietta, OH 45750  740.489.5571</p>	<p>Serve: 3-Adults, Families Payment: OH Medicaid, Medicare, Insurance, Self-pay southeasternohiocounseling.com</p>
<p>Spalding Psychological Services 1809 DuPont Rd. Suite 3 Parkersburg, WV 26101  304.861.5184</p>	<p>Serve: 5-Adults, Families Payment: Insurance, WV Medicaid, Self-pay spauldingpsychological.com</p>
<p>Spero Health 418 Colegate Drive Marietta, OH 45750  740.374.8730</p>	<p>Service: Adults Medication Assisted Treatment Payment: Self-pay, Insurance, Medicaid sperohealth.com</p>

W

<p>Westbrook Health Services 2121 E. 7th Street Parkersburg, WV 26101  304.485.1721  Crisis Line 800.579.5844</p>	<p>Serve: 6-Adults, Families Medication Assisted Treatment Payment: Insurance, Self-pay westbrookhealth.org</p>
<p>William Bauer, Ph. D, CRC, LPC, ALPS Safe Harbor Mental Health 100 Wood Duck Lane Williamstown, WV 26187  304.865.0272</p>	<p>Serve: Children-Adults, Families, Disabilities, Autism, Grieving, Suicide Prevention Payment: Insurance, Self-pay, Some Medicaid billbauerphd.com</p>
<p>Worthington Mental Health, LLC. 3194 Core Road Parkersburg, WV 26104  304.485.5185</p>	<p>Serve: Children-Adults Payment: Insurance, Medicaid, Self-pay</p>

National Resources

Mental Health

[mentalhealth.gov](https://www.mentalhealth.gov)

Provides one-stop access to U.S. government mental health information and aims to educate and guide.

Mental Health America

[nmha.org](https://www.nmha.org)

Mental Health America is the country's leading nonprofit dedicated to helping all people live mentally healthier lives.

NAMI (*National Alliance on Mental Illness*)

[nami.org](https://www.nami.org)

The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness, NAMI advocates for access to services and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

SAMHSA

[samhsa.gov](https://www.samhsa.gov)

(*Substance Abuse & Mental Health Services Administration*)

This agency within the U.S. Department of Health and Human Services leads public health efforts to advance the behavioral health of the nation, with the goal of reducing the impact of substance abuse and mental illness in America.

StopBullying.gov

[stopbullying.gov](https://www.stopbullying.gov)

Provides information from various government agencies on how the community can prevent or stop bullying.

National Institute of Mental Health

[nimh.nih.gov](https://www.nimh.nih.gov)

The mission of NIMH is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cures.

Ohio Tobacco Quit Line

800.784.8669 (QUIT NOW)

Speak with an intake specialist to discuss assistance to help you quit tobacco.

Statewide Resources

Emerald Jenny Foundation

emeraldjennyfoundation.org

For all the internet offers, finding information on the right treatment facilities isn't always easy. This site includes listings for rehab facilities, healthcare providers, counselors, and other organizations.

Ohio Citizens Advocates

oca-ohio.org

Seeks to eliminate the stigma and discrimination associated with alcohol and other drug addiction through education, reduction of barriers to treatment, and advocating for quality continuum of care.

OACBHA

oacbha.org

(Ohio Association of County Behavioral Health Authorities)

A statewide organization that signifies the interests of Ohio's county Alcohol, Drug Addiction, and Mental Health Boards at the state level. OACBHA works to deliver education, develop policies, and seek support for initiatives that will magnify and boost mental health and substance abuse prevention, treatment, and recovery support services throughout the state of Ohio.

OhioMHAS

mha.ohio.gov

(Ohio Department of Mental Health & Addiction Services)

Works to assure access to quality mental health services for Ohioans at all levels of need and life stages.

Red Treehouse

redtreehouse.org

Created to provide a welcoming and vibrant online community for families and professionals to explore resources to help children and young adults, prenatal through age 25.

School & Community Continuum of Service

oberlinkconsulting.com/mhmapping

The web-based resource was developed as a user-friendly guide that schools can use to locate information about treatment, interventions, and prevention services for school-aged children and their families.

Local Resources

24-hour Information, Crisis, and Referral Line: Dial 2-1-1

Crisis Text Line: Text 4HOPE to 741741 or Call (614) 224-111

Every texter is connected with a Crisis Counselor, a real-life human being trained to provide support through active listening and collaborative problem-solving.

Camden Clark Medical Center

(304) 424-2359

The Behavioral Health Unit offers individualized mental health care such as behavioral health diagnostic assessment, medication stabilization/management, recreational therapy, and discharge/aftercare planning.

EVE, Inc.

(740) 374-5820

Seeks to prevent family violence and sexual assault through education and intervention while providing supportive services to survivors; thereby promoting a safe and healthy community.

House of Hope of Washington County

(740) 374-0420

washcohh.org

750 County House Lane Marietta, OH 45750

Provides socialization opportunities, peer support, programs, and activities that foster recovery for Washington County residents aged 18 years and older who are in recovery.

Memorial Health System

(740) 374-1400

The Behavioral Health Unit offers individualized mental health care such as behavioral health diagnostic assessment, medication stabilization/management, and discharge/aftercare planning.

My Recovery Link

myrecoverylink.org

Monroe, Morgan, Noble, and Washington, Ohio counties comprehensive list of resources, groups, and organizations to support recovery.

Local Resources (cont.)

Suicide Awareness Alliance

(740) 374-6990

wcbhb.org/supporting-operations

The Alliance provides information/education and resources to the general public about suicide and suicide prevention.

Washington County Behavioral Health Board

(740) 374-6990

wcbhb.org

The Board plans, monitors, evaluates and finances publicly-funded treatment, prevention, and recovery services for mental illness and addiction in Washington County. Provides Adult and Youth Mental Health First Aid training as well as Peer Recovery Support Training.

Washington County Children's Services

(740) 373-3485

Case managers are trained to deal with issues including substance use disorder, domestic violence, parenting, environmental issues, and budgeting. Free counseling program for child victims and their families.

Washington County Crisis Response Team (WCCRT)

A team of trained volunteers helps individuals and groups cope with the stress of a crisis. To request WCCRT services, please call 740.525.3092.

Washington County Family & Children First Council

wcfcfc.org

(740) 376-7081

This Council promotes coordination and collaboration among county and local governments, non-profit organizations, businesses, schools, and families in a manner that fosters wellness and self-sufficiency for families. Offer programs and services that strengthen the family unit.

Washington County Home

(740) 373-2028

washingtongov.org/114/County-Home

The Washington County Home offers residential services/housing for people with various needs.

Local Resources (cont.)

Washington County Recovery Engagement Team (RET) (740) 374.6990

The RET is comprised of a law enforcement officer, a public health nurse, a behavioral health professional, and a peer recovery supporter. The RET offers direction toward treatment resources. If you know someone who wants help for a substance use disorder, make a referral.

Washington County Public Health Department (740) 374.2782.

Project DAWN (Deaths Avoided with Naloxone) program includes Harm reduction, free Hepatitis C and HIV testing, and Hepatitis A & B immunizations. Also offers Tobacco cessation.

Support Groups

Alcoholics Anonymous

1-800-870-3795

aa.org or

alcoholicsanonymous.com/aa-meetings/ohio

Al-Anon & Alateen

al-anon.org

Celebrate Recovery

celebraterecovery.com

A Christ-centered 12-step program for those struggling with addiction.

Co-Dependent Anonymous

coda.org

Courage to Change Ministries

Belpre Church of Christ

(740) 423-7021

Faith-base 12-step program for those struggling with addiction

Grief Share

griefshare.org

Heroin Anonymous

heroinanonymous.org/meetings

High on Hope

facebook.com/HighOnHopeMinistries

Helping Other People Endure (HOPE)

A support group for those who have lost loved ones to suicide.

For more information, call

LeeAnn Price at (740) 350-3365

Mid-Ohio Valley Pregnancy & Infant Loss Support Group

Meets first Thursday of each month at 175 Front Street.

Call: 517.899.3654

Narcotics Anonymous

na.org/meetingsearch

SMART Recovery Online Meetings

smartrecovery.org/smart-recovery-toolbox/smart-recovery-online

Sex Addicts Anonymous

saarecovery.org/meetings

The Addict's Parents (TAP)

United Face-to-Face Support Group

tapunited.org



Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

Summa Health, Akron Men & Women DETOX/Short/Long-term Residential  330-379-9836 Payment: Medicaid
HRS-Bassett House, Athens Children's Short/Long-term Residential  740-594-8108 Payment: Medicaid
HRS-Rural Women's, Athens Women Short/Long-term Residential Offers Medical Assisted Treatment for <i>County Residents only</i>  740-593-6152 Payment: Medicaid
New Outlook, Belmont Men Short/Long-term Residential – Offers Vivitrol  740-782-1407 Payment: Medicaid
Awakenings, Belmont Women Short/Long-term Residential – Offers Vivitrol  740-484-4141 Payment: Medicaid
Breakthru, Cambridge Men & Women DETOX  740-439-8720 Payment: Medicaid
Matt Talbot, Cleveland Men & Women Short/Long-term Residential Offers Medical Assisted Treatment  216-634-7500 Payment: Medicaid
Casa Alma/Casa Maria, Cleveland Men & Women Short/Long-term Residential Offers Medical Assisted Treatment  216-459-1222 Payment: Medicaid
Hitchcock Center, Cleveland Women & Children under 12 Short/Long-term Residential Offers Medical Assisted Treatment  216-421-0662 Payment: Medicaid

Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

Rosary Hall, Cleveland Men & Women Outpatient Services Only  216-363-2580 Payment: Medicaid
Maryhaven, Columbus Children; Men & Women DETOX, Short/Long-term Residential Offers Medical Assisted Treatment <i>County residents only</i>  614-445-8131 Payment: Medicaid
Talbot Hall, Columbus Men & Women DETOX Offers Medical Assisted Treatment  614-257-3760 Payment: Medicaid
Woodhaven, Dayton Men & Women DETOX, Short/Long-term Residential  800-788-0440 Payment: Medicaid
Foundations, Franklin Furnace DETOX Offers Medical Assisted Treatment  740-353-5174 Payment: Medicaid
Focus Residential, Franklin Furnace Men & Women Short/Long-term Residential Offers Medical Assisted Treatment  740-259-7001 Payment: Medicaid
The Recovery Village/Fortitude Men & Women DETOX, Short/Long-term Residential  1.888.573.0763 Payment: Medicaid (United Health Care ONLY) Private Pay
Landings at Cedar Ridge, Frazeesburg Men & Women Long-term Residential Offers Medical Assisted Treatment  855-692-7247 Payment: Medicaid

Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

Cardinal Recovery, Gallipolis Men Short/Long-term Residential  740-446-9129	Payment: Medicaid
Fairfield Medical, Lancaster Men & Women DETOX, 3-5 days Offers Medical Assisted Treatment  740-689-4457	Payment: Medicaid
Rigel Recovery Residential Center, Marietta Men and Women DETOX, Short/Long-term Residential Offers Medical Assisted Treatment  740-371-5476	Payment: Medicaid
Arrow Passage Recovery, Massillon Men & Women Short/Long-term Residential  844-802-7769	Payment: Medicaid
Moving Forward, McDermott Men Long-term Residential  740-858-6683	Payment: Medicaid
Perry Behavioral Health, New Lexington Men & Women DETOX, Short/Long-term Residential  740-342-0616	Payment: Medicaid
Shepherd Hill, Newark Men & Women Short/Long-term Residential  740-348-4870	Payment: Medicaid
Counseling Center, Portsmouth Men & Women Long-term Residential  740-354-6889	Payment: Medicaid
Glenbeigh Hospital, Rock Creek Men & Women DETOX, Short/Long-term Residential  440-563-3400	Payment: Medicaid
Trinity Health, Steubenville Men & Women DETOX  740-283-7868	Payment: Medicaid

Regional Short and Long-Term Substance Use Treatment

(Bold designates those in our catchment area)

<p>Field of Hope, Vinton Women Short/Long-term Residential  740-245-3051 Payment: Medicaid</p>
<p>Genesis Healthcare, Zanesville Men & Women DETOX, Short/Long-term Residential Offers Medical Assisted Treatment  800-939-2273 Payment: Medicaid (not Buckeye)</p>
<p>Hope Center Ministries Men Long-term Residential  740.434.8724 or 1.866.396.4673 Payment: Private Pay Only</p>
<p>Angels Harbor Men & Women Long-term Residential  304.916.8468 Payment: Medicaid</p>
<p>OneEighty, Wooster Men & Women Short/Long-term Residential  330-264-8498 Payment: Medicaid</p>
<p>Refuge, Columbus Men Short/Long-Term Residential  614-991-0131 Payment: No Cost</p>
<p>Legacy Healing Center Men & Women DETOX, Short/Long-term Residential  1-888-534-2295 Payment: Medicaid</p>
<p>Ethan Crossing Addiction Treatment Men & Women DETOX, Short/Long-term Residential  1-844-332-6283 Payment: Medicaid</p>



Recovery is possible.





WASHINGTON COUNTY
BEHAVIORAL HEALTH BOARD

1115 Gilman Avenue
Marietta, OH 45750

Telephone: (740) 374-6990

Website: <https://www.wcbhb.org>

 [Recovery Is Beautiful](#)

[For the most up-to-date version scan the QR Code below:](#)

