

Fiscal Year 2020 Annual Report



Board Members (as of 06/30/2020)

- Eric Fowler, LL. D. (Board President)
- J. Eric Johnston (Board Vice President)
- Michael Beardmore (Treasurer)
- Jarrett Barnhouse
- Karen Binkley
- Larry Hall
- Brett Nicholas
- Charles Pridgeon, Ph. D.
- Jim Raney, Ph.D.
- Larry Schwendeman
- Anthony Touschner, LL. D.
- David White

Board Staff (as of 06/30/2020)

- David Browne, Executive Director
- Hilles Hughes, Deputy Director
- Miriam Keith, Prevention & Recovery Advocate *Retired May, 2020
- Tara Plaughter, Administrative Assistant
- Tammy Harris, PAX Coordinator
- Bill Reed, Forensic Monitor

This year's annual report is dedicated to the behavioral health staff in our community for their compassion and dedication during the pandemic, and to Miriam Keith for her 22 years of public service.

Message from Board President

Eric Fowler, Board President (6/2020-Current)

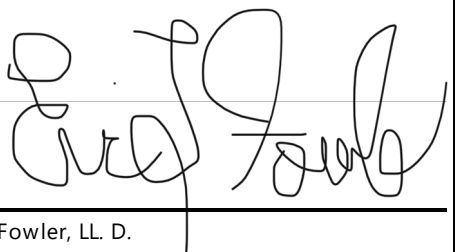


In June of 2020, I became the President of the Washington County (Ohio) Behavioral Health Board (WCBHB). The community and local partners have made tremendous progress in establishing many new programs and services in Washington County since our Mental Health Levy passed in November of 2017. I want to thank our community for your continued support!

Mental health and addiction services have become increasingly important during these isolating and trying times during COVID-19. Our service providers have adapted to meet those needs through virtual and telehealth services. Now more than ever, it's important to take care of your mental health; taking care of ourselves will help us take care of each other.

I am so proud of the impact our staff, Board members, agencies, and community members have been able to accomplish this fiscal year and I look forward to the future of our work Washington County. I want to thank Miriam Keith for her 22 years of service; Miriam's years of hard work has shown to be a true asset to our community. Enjoy your retirement Miriam!

Stay Well,

X 

Eric Fowler, LL. D.
Board President



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Mission

The Washington County Behavioral Health Board serves the residents of Washington County by providing a unified system of mental health and alcohol and drug addiction services; thus we are responsible for:

- Planning, maintaining and reviewing mental health and addiction programs
- Coordinating services among contract agencies and other providers of care
- Administering all funds to ensure timely, cost-effective delivery of services
- Cultivating a dialog between the Board and both our consumers and the larger community
- Pursuing local financial support to supplement state and federal funding

Vision

We strive:

- To provide, as our highest priority, a comprehensive continuum of care to those with severe mental health and addiction disabilities, those in crisis, and those unable to pay for necessary services
- To provide, in a manner alertly responsive to community needs, preventive, early intervention, treatment and recovery services
- To develop active partnerships with our consumers and their families in treatment and recovery processes as well as in the planning, development and evaluation of mental health and addiction services
- To apply managed care technologies to evaluate outcomes, establish best practices and promote efficient use of funding
- To ensure that services are sensitively keyed to the local culture and are delivered by a staff who understand and know how to work within that culture
- To develop ongoing educational programs promoting both public acceptance of persons with mental illness as well as public awareness of mental health and addiction issues and their impact on the community
- To acquire local financial support which permits strengthening and expanding services

The WCBHB meets the FOURTH
THURSDAY OF EVERY MONTH AT 6 P.M.

(With the exception of the months of
November & December)

Currently Meeting via Zoom



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Looking Forward: Strategic Plan

Improve Board Operations

Aim to maximize the use of federal, state, and local funds, to meet locally identified outcomes. Utilize a blended funding approach that aligns resources and improves coordination between local community treatment providers and stakeholders. This approach enhances accountability and allocates scarce tax payer dollars in the most efficient and effective manner possible.

Enhance public knowledge and develop a strategy to reduce stigma associated with Mental Health and Addiction

Work to improve public understanding and support of mental health and addiction services as a permanent civic priority; enhance public perceptions and support of people with mental illness and addictions; increase public support for funding prevention, treatment, and recovery of mental illness and addiction; broaden communication, cooperation, and partnerships with consumers, family members, service providers, other government entities, and the public; and oversee and support the public information, education, and training activities of the Board.

Improve the Continuum of Care

Promote the health, wellness, and safety of individuals and our community by offering a continuum of services that includes prevention, community education, crisis services, treatment, and recovery supports, such as housing, employment supports, and peer support. When individuals are healthy and stable in recovery, they can meet their fullest potential, businesses have access to a healthy, drug-free workforce, and families in our community flourish.



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The Opioid Hub

In the fall of 2017, the Ohio Legislature enacted a requirement that every county in Ohio should have a coordinated program to combat opioid addiction.



The goals of this community-based initiative include: *strengthening county and community efforts to prevent and treat addiction; educating youth and adults about the dangers of addiction and the negative effects it has on society; and promoting family building and workforce development.*

The Washington County Behavioral Health Board was charged with the administration of this effort and began talking with other agencies and individuals throughout the county on how this could be accomplished. Judge Janet Welch, Marietta Municipal Court Judge, and Robin Bozian from Southeastern Ohio Legal Services, agreed to co-chair the effort and in July, 2018, the Washington County Hub was born!

The group, comprised of individuals representing diverse agencies, schools, and the private sector, came together to talk about our county's addiction issues and set up a plan to move forward together. The assembled members then decided to divide up the work into various sub-committees who could delve deeper into the problem by focusing on the areas of education & prevention, treatment and recovery, workforce and housing.

Indeed, the Hub members realized that in order to solve our community's addiction issues, we needed an interdisciplinary approach.

Activities initiated by the Hub include:

- Handle with Care (a program whereby law enforcement representatives inform a school that a child needs to be handled with care due to some undisclosed traumatic event)
- Six-year fatality review of all overdose and suicide deaths
- Schools to reinforce trauma-informed culture using curriculum that educates children about self-awareness and self-regulation
- Employer surveys and focus groups to investigate the barriers of employment for people in recovery
- Collaboration with Wood County on workforce development through a learning academy through the District Development Association of Appalachia
- Creation of two new positions: mobility manager and treatment navigator



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Contract Providers

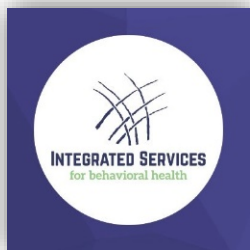


▶ Hopewell Health Center (Belpre, Ohio)

Mental Health Services, Drug & Addiction Services

- ✓ The REACH Program amended their program to continue offering services through COVID-19.
- ✓ Started providing on-site services at the Marietta and Belpre locations of the Boys and Girls Club.
- ✓ Increased capacity to provide telehealth services from “0” in March 2020 to 72% of services being provided this way across the year in response to COVID-19.
- ✓ Added First Episode of Psychosis program in Washington County.
- ✓ Continued leading the Recovery Engagement Team in partnership with the Board, the Washington County Sherriff’s Department and Life and Purpose Behavioral Health.

▶ Integrated Service for Behavioral Health (Washington County)



- ✓ January 1, 2020 - Integrated Services for Behavioral Health officially rolled out services to Washington County Residents who have Ohio Medicaid
- ✓ Quickly became an asset to Washington County residents offering wraparound and in home services for Mental Health and Drug & Addiction Services
- ✓ ISBH completed training for two different funding sources for housing – CTP Housing, for individuals transitioning out of prison back into the community, and RRHO through The Licking County Housing Coalition, housing funding for families who are homeless.
- ✓ ISBH staff decided to continue serving individuals and families in person during the COVID-19 Pandemic.
- ✓ Implemented protocol surrounding the utilization of PPE, daily health monitoring of staff and clients, and followed guidelines published by the Centers of Disease Control and the Ohio Department of Health.

Contract Providers Continued

▶ Life & Purpose Behavioral Health

(Marietta, Belpre & Beverly, Ohio)

Mental Health Services, Drug & Addiction Services



- ✓ Hired a child psychiatrist!
- ✓ Began utilizing Peer Recovery Specialists as an integral part of treatment plans.
 - Partnered with Memorial Health Systems in October 2019 to place a Peer Recovery Specialist in the hospital to connect individuals in the emergency department for mental health and substance use challenges to local treatment providers.
 - Partnered with the Washington County Sheriff's Department and the Hopewell Health Centers to follow up with individuals post emergency department or law enforcement interaction to connect to local treatment providers.
- ✓ Achieved CARF re-certification.
- ✓ Provided training for Trauma Informed Education to school districts in Washington County.
- ✓ Provided ongoing training and consultation using Neuro-sequential Model with Ohio Valley Education Service Center Preschool and Head Start, positively impacting over 200 kids.

▶ Rigel Recovery Services (Reno, Ohio)

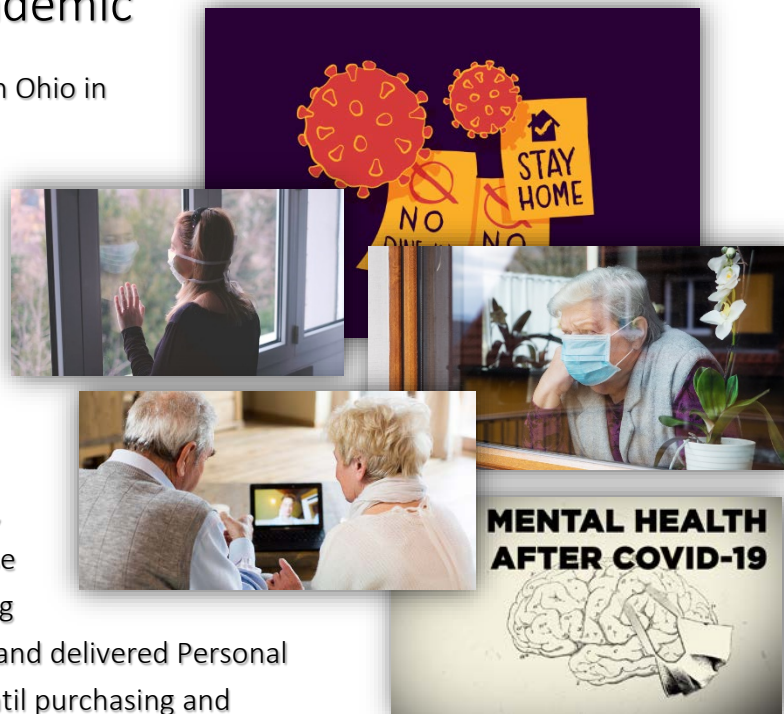
Mental Health Services, Drug & Addiction Services



- ✓ Average 21 clients in the Compass Drug Court Program, including clients enrolled in Career Center certifications, obtaining driver's licenses, securing housing, starting visitations with their children, and working a recovery program.
- ✓ Began offering Detox (3.7 level of care) in late FY19 and continued offering services on 3rd street.
- ✓ Began offering Medicated Assisted Treatment (Vivitrol & Suboxone) for Residential and Outpatient Clients.
- ✓ Collaborated with Washington County Health Department to initiate a Harm Reduction clinic (syringe exchange).
- ✓ Continued services through the pandemic and offered telehealth to meet the needs of those served in Washington County.

Behavioral Health during the Pandemic

On March 22, 2020, a stay-at-home order was issued in Ohio in response to the COVID-19 pandemic and the Board office became closed to the public. The March Board meeting was cancelled due to COVID-19 restrictions, and the following monthly Board meetings moved to the Zoom platform. The Board took several steps to help agencies—David Browne, Executive Director, proposed in the April 2020 Board meeting to provide up to \$30,000.00 on a grant basis to each Life and Purpose Behavioral Health, Integrated Services, Hopewell Health, and Oriana House (Rigel Recovery Center) to offer financial support during COVID-19 effects (Motion #11.2020). The Board also hand delivered Personal Protective Equipment (PPE) to our service providers until purchasing and accessing necessary PPE could be made.



In the spring months following the stay-at-home order, the Behavioral Health Board presented available services and resources to the public through weekly newspaper articles, twice weekly radio show episodes, and tangible resource guides and anxiety workbooks. Our contracted service providers participated in a live zoom meeting via Facebook to talk about available services and telehealth options during COVID-19.

PAX Good Behavior Games

- ✓ Adapted PAX training for Responsible Restart Ohio Guidelines, including integrating PAX strategies within the COVID-19 protocols, modified schedules, and PAX in virtual classrooms.
- ✓ Began teaching PAX Tools and PAX heroes virtually.

The Right Path

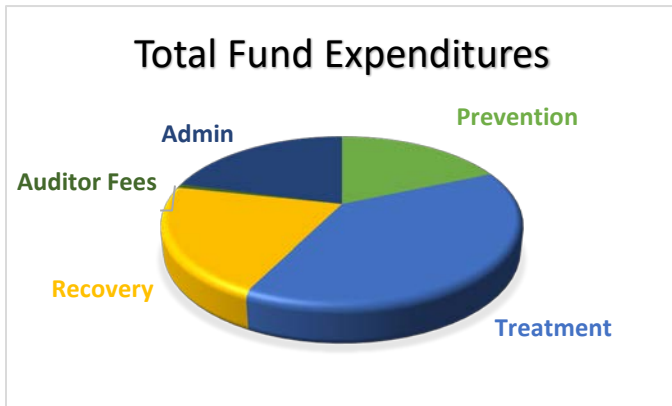
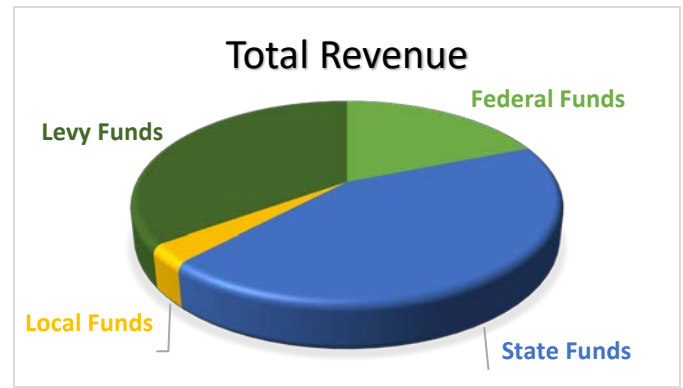
- ✓ Collaborated with GoPacks to offer a mini farmer's market family swim night in the summer of 2019.
- ✓ Had to adapt to the Responsible Restart Ohio guidelines and planned 3 more mini farmer's market in the summer of 2020.
- ✓ Collaborated with the Sheriff's Department to provide medication take-back opportunities and community education.

House of Hope

- ✓ Began offering Peer Support Services to members in 2019.

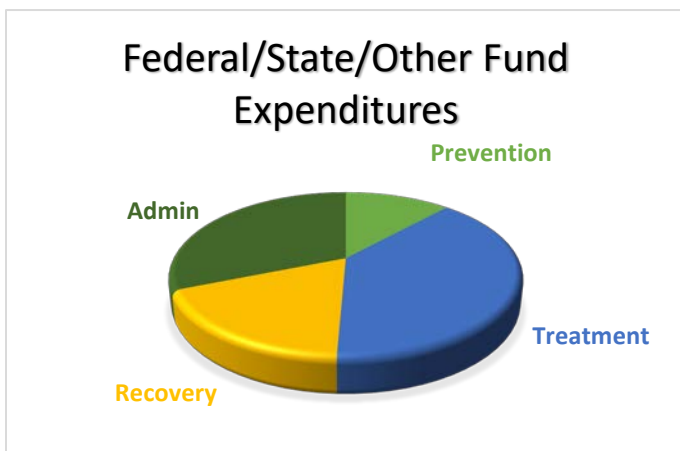
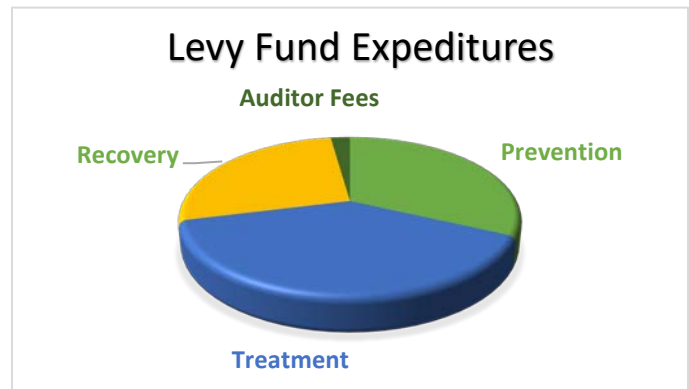
Financial Report 07/01/2019-06/30/2020

TOTAL REVENUE	
Federal Funds	\$443,578
State Funds	\$1,011,187
Local Funds	\$70,912
Levy Funds	\$817,985
TOTAL FUNDS	\$2,343,662



TOTAL FUND EXPENDITURES	
Prevention/Education	\$374,011
Treatment	\$790,227
Recovery	\$425,656
Auditor Fees	\$14,886
Administration	\$422,587
TOTAL FUNDS	\$2,027,367

LEVY FUND EXPENDITURES	
Prevention/Education	\$214,287
Treatment	\$262,392
Recovery	\$179,041
Auditor Fees	\$14,886
TOTAL FUNDS	\$670,606



FEDERAL/STATE/OTHER FUND EXPENDITURES	
Prevention/Education	159,724
Treatment	527,835
Recovery	246,615
Administration	422,587
TOTAL FUNDS	1,356,761