



WASHINGTON COUNTY  
BEHAVIORAL HEALTH BOARD

[www.wcbhb.org](http://www.wcbhb.org)

Thursday, May 25, 2023, ~ 6:00 p.m.

Meeting held In-person

1115 Gilman Ave. Marietta, OH

**I. Call to Order, Roll Call**

The meeting was called to order by President Michael Beardmore at 6:00 p.m.

**II. Pledge of Allegiance**

**III. Welcome and Introductions**

**Present**

Larry Hall  
Michael Beardmore  
Jim Raney  
Jarrett Barnhouse  
Beverly Prigge  
Robert Marion  
Larry Schwendeman  
Laura Silwani  
David White  
Tony Tuschner – Arrived @ 6:07 PM

**Absent**

Eric Fowler  
Brett Nicholas  
Ron Rees

**Staff**

David Browne  
George Goddard  
Tara Plaucher  
Heather Parcell  
Tim Hahn

**Guests**

Mike Dennis - House of Hope  
Sherry Shamblin – Hopewell Health Centers  
Cathye Williams – Integrated Services  
Linda Sistrunk – Memorial Health Systems  
Candice Walker – Oriana House  
Abbigayle Mudrick – OhioRise Integrated Services  
Angie Rarey – Washington County Health Dept.  
Rebecca Mullans – Mashall University  
Alice Stewart - WCDJFS  
Tayla Kemp-Hays – Oriana House

**Public Statements** – No public statements

**IV. Agenda Revisions** – Under XI Committee Reports – Add Nominating Committee as Item B;  
Under XIII New Business - move C to A.

**V. Approval of Minutes – April 27, 2023, Board Minutes** – Change the spelling of Holly Gersell to Holly Gerstell under the Integrated Services Report.

**Motion #16.2023**

**It was moved and seconded (Laura Silwani, Beverly Prigge)** to approve the April 27, 2023 Board meeting minutes. The motion passed with the following votes:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	A		Y	Y		Y	Y		A		A

Y= Yes

N= No

A= Abstain

**VII. Treasurer’s Report**

Members of the Board held a brief discussion on the April treasurer’s report.

**Motion # 17.2023**

**It was moved and seconded (Jim Raney, Laura Silwani)** to accept the April 2023 Treasurer’s report and disbursements. The motion passed with the following votes:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	Y		Y	Y		Y	Y		Y	Y	A

**VIII. Director’s Report**

Executive Director David Browne announced his last day will be August 4, 2023. A discussion regarding the process for naming the next Executive Director followed. The Program Planning and Oversight Committee will discuss this at the scheduled June meeting and share their recommendation with the Board at the July meeting.

**IX. Staff Reports**

Assistant Director George Goddard discussed that the FY2024 budget should be done by the end of June.

Assistant Director Tim Hahn discussed that he will be taking the Mental Health First Aid Trainer Training so that he can provide training for Washington County. Tim also discussed that the Ohio Association of County Behavioral Health Authorities (OACBHA) has changes coming to the Culture of Quality (CoQ) and that some procedures may need to be updated.

Tara Plaugher the Recovery Advocate had no additional information to add to her report.

PAX – There was no representative in attendance.

The Right Path – There was no representative in attendance.

Staff reports will be filed with the minutes.

**X. Agency Reports**

**A. Family Counseling & Rehabilitation Center of Ohio** – No Report Submitted. There was no representative in attendance.

**B. EVE** – No representative in attendance.

**C. Hopewell Health** – Nothing new to add.

- D. House of Hope** – Mike Dennis happily announced that The House of Hope received their 2020 Chevy Express van. Mike also discussed that The House of Hope will be taking training in the fall of 2023 for the Athens Photo Project Program.
- E. Integrated Services** – Nothing new to add.
- F. Memorial Health Systems** – Linda Sistrunk of Memorial Health Systems stated that the first month of the Vertical Triage Program has been a success and that they have reached the goal of cutting wait times down by 25%.
- G. Rigel/Oriana House**- Candice Walker representing Oriana House discussed that they are at 33 clients and that they have a capacity of 36. Candice also stated that there are employment opportunities available.
- H. Ohio Department of Jobs and Family Services** – Nothing new to add.

The agency reports that were received will be filed with the minutes.

**XI. Committee Reports**

- A. Program Planning & Oversight/Community Relations** – Laura Silwani shared that the Program Planning & Oversight/Community Relations committee discussed several funding requests for continuation of current projects in FY 2024.

The next PP&O meeting is June 8, 2023, at 5:15 pm.

**XII. Old Business-**

There was no old business discussed.

**XIII. New Business**

- A. County Harm Reduction Education (C-Harm-Ed)** – The board had a brief discussion regarding the request for FY24 funding for County Harm Reduction Education provided in part by the Washington County Public Health Department. Angie Rarey provided a detailed data report compiled from the FY23 project.

**Motion 18.2023**

**It was moved and seconded (Laura Silwani, Beverly Prigge)** to authorize the Executive Director to negotiate a contract with the Washington County Public Health Department to support C-Harm-Ed for an amount of up to \$19,144.00 for services to be provided in FY24:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Touschner	Dave White
Y	Y	Y		Y	Y		Y	Y		Y	Y	Y

**B. Dialectical Behavioral Therapy for Adolescents (DBT-A)** – The board had a brief discussion regarding the request for funding for the DBT-A program provided by Hopewell Health Centers. Dialectical behavior therapy (DBT) skills have been demonstrated to be effective in helping adolescents manage difficult emotional situations, cope with stress, and make better decisions. DBT Skills in School and DBT-A represent adaptations of the therapeutic model to use for the general student population in the form of an innovative social–emotional learning curriculum designed to be taught at the universal level in grades 6–12. Students are given explicit instruction and coaching to develop the skills of mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. In a recently published, randomized control study involving approximately 1,000 students in eight school districts spread across two cities, participating students demonstrated statistically significant increases in self-concept, coping skills, self-regulation, and social support.

**Motion 19.2023**

**It was moved and seconded (Laura Silwani, Jim Raney)** to authorize the Executive Director to negotiate a contract with Hopewell Health Center for the DBT-A program for an amount of up to \$22,100 for services to be provided in FY24:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	Y		Y	Y		Y	Y		Y	Y	Y

**C. Zones of Regulation** - The board had a brief discussion regarding the request for continuation of funding for the program provided by Hopewell Health Centers. The Zones of Regulation is a systematic, cognitive behavioral approach to teach children and youth self-regulation by categorizing all of the different ways we feel and states of alertness we experience into four concrete colored zones. This framework is then used to teach children/youth strategies for becoming more aware of and independent in controlling their emotions and impulses, managing their sensory needs, and improving their ability to problem-solve conflicts. The program incorporates Social Thinking concepts and visual supports to help students develop emotional and sensory regulation, executive functioning, and social cognition. Several effectiveness outcome studies have been conducted with a list available at <https://www.zonesofregulation.com/research--press.html>.

**Motion 20.2023**

**It was moved and seconded (Laura Silwani, Jim Raney)** to authorize the Executive Director to negotiate a contract with Hopewell Health Center for the Zones program for an amount of up to \$27,100 for services to be provided in FY24:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	Y		Y	Y		Y	Y		Y	Y	Y

**D. PAX** - The board had a brief discussion regarding the request for funding for the PAX program provided by Hopewell Health Centers. This funding would be used to train two additional Hopewell staff to implement the PAX program. PAX Tools is a collection of nine science-based strategies that can improve children’s cooperation and the ability to manage one’s own behaviors, as well as support social and emotional development. PAX Tools recognizes that many adults contribute to the overall educational, social, and emotional growth of youth, and approach behaviors as skill sets that must be taught. Therefore, PAX Tools is intended for all families and other adult caregivers to create supportive and safe environments that ultimately help children thrive. In fact, similar PAX Tools strategies are often utilized in schools through the PAX Good Behavior Game®, which increases productivity and instruction time in the classroom. In-home settings, PAX Tools provides specific strategies to families to support children’s behaviors in the home. Sample videos can be viewed at <https://www.nationwidechildrens.org/family-resources-education/700childrens/2020/10/pax-tools-for-families-and-caregivers>

**Motion 21.2023**

**It was moved and seconded (Laura Silwani, Jim Raney)** to authorize the Executive Director to negotiate a contract with Hopewell Health Center for the PAX program for an amount of up to \$3,475 for services to be provided in FY24:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	Y		Y	Y		Y	Y		Y	Y	Y

**E. Jail** - The board had a brief discussion regarding the Request for Funding (RFF) for the Washington County Jail program provided by Hopewell Health Centers. This is mental health services delivered on-site at the jail. This includes two formats. The first service provided is a half-day (4 hours) regularly scheduled day each week during which a counselor visits the jail to meet with individuals at their request or at the request of jail staff. The second service is a crisis call situation where jail staff can access a visit from a counselor for an individual with whom they have concerns.

**Motion 22.2023**

**It was moved and seconded (Laura Silwani, Beverly Prigge)** to authorize the Executive Director to negotiate a contract with Hopewell Health Center for the Washington County Jail program for an amount of up to \$33,283 for services to be provided in FY24:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	Y		Y	Y		Y	Y		Y	Y	Y

**F. Building Bridges to Careers (BB2C)** - The board had a brief discussion regarding the request for funding for Building Bridges to Careers (BB2C). The career mentoring program is designed to help students learn about the careers available in many fields including mental health careers.

**Motion 21.2023**

**It was moved and seconded (Laura Silwani, Dave White)** to authorize the Executive Director to negotiate a contract with Building Bridges to Careers (BB2C) for an amount of up to \$5,000 for services to be provided in FY24:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	Y		Y	Y		Y	Y		Y	Y	Y

**G. Washington County Family & Children First Council-** The board had a brief discussion regarding the request for continued funding for Washington County Family & Children First Council. The program is designed to help children access necessary behavioral health and stabilization services.

**Motion 22.2023**

**It was moved and seconded (Laura Silwani, Beverly Prigge)** to authorize the Executive Director to negotiate a contract with Washington County Family & Children First Council for an amount of up to \$40,000 for services to be provided in FY24:

Jarret Barnhouse	Mike Beardmore	Rob Marion	Eric Fowler	Larry Hall	Laura Silwani	Brett Nicholas	Beverly Prigge	Jim Raney	Ron Rees	Larry Schwendeman	Tony Tuschner	Dave White
Y	Y	Y			Y		Y	Y		Y	Y	Y

**XIX. Good of the Order**

Jim Raney made a suggestion to the board to consider an Ad Hoc Committee once board nomination has taken place to review/revise the current By-Laws and Standing Rules & Procedures to better reflect changes made to the Ohio Revised Code.

**XX. Adjournment**

The meeting was adjourned at 7:12 p.m.

**Next Meeting:  
 June 22, 2023**

**Respectfully Submitted,  
 Heather Parcell**

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Board President Signature